

## Key Points from ARM Training:

1. Putting yourself in the participant's shoes: Think back to a time when you were younger and reflect on a mentor who guided you through a difficult time. How do you think going back to a challenge that you experienced at that age might help you relate to a survivor of trafficking?
2. Modern Day Slavery (Trafficking): From what you've learned from this training and your previous experience, what do you imagine is one of the most challenging things for a survivor to deal with?
3. Boundaries: Everybody has a different comfort level around setting a boundary with people, especially in new situations. What do you think the importance of boundary setting is and what might be challenging for you around setting boundaries with program participants?
4. Do you have questions that weren't addressed by this training or ways to improve the training?